

THE *Intensive*

The Program:

The Intensive is a 14-day private coaching program with Cheryl Muir. The Program helps you break free from painful patterns in love and teaches you the practical and emotional tools to build healthy relationships and pave the way for lasting love.

The program includes:

- Two hours of private coaching with Cheryl via Zoom during a 14-day period
- Voice note support via Telegram or WhatsApp for the 14 days

Investment:

- The program is £1,800 total

Payment options:

- [Pay in full via PayPal: £1,800 total](#)
- [Payment plan: 2 x monthly installments of £1,000](#)

The payment link is hyperlinked above. The payment portal is PayPal. As Cheryl is based in the United Kingdom (UK), all rates are quoted and charged in GBP – British Pounds Sterling (£).

Once you have made your first payment, go ahead and book in your sessions:

- Session One: [90-minute session](#)
- Session Two: [30-minute session](#)

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The Small Print

By enrolling in The Intensive, you agree to the terms of this agreement.

What's Included:

- Two hours of private coaching with Cheryl via Zoom over a 14-day period. You will have access to Cheryl's calendar and book in your sessions when you need them. The sessions are effectively bookends – session one at the start of the program, and session two at the end. It's recommended to book the two sessions 10-14 days apart.
- The two hours of total coaching time is use-it-or-lose-it – we don't roll over time if you don't book or use your sessions. We recommend making the most of this session time.
- You have the option to have sessions recorded and receive an audio file of the session afterwards. This isn't mandatory, but it's there as an option. Before any closed-eye process, Cheryl will ask if you would like that particular section recorded. You then keep the audio of your bespoke guided meditation which becomes part of your toolkit to return to when you need it.
- Voice note support – once you've enrolled, you receive access to Cheryl's personal mobile number via Telegram or WhatsApp. Cheryl will set this up for you, and will send you a voice note on your first day of the program. (The first day of the program is the day of your first session).
- You agree to reach out when you need support. You will receive replies from Cheryl within 48 hours unless otherwise agreed to – exceptions include bank holidays. If we don't hear from you, Cheryl generally reaches out twice a week to check in – unless you specifically state you don't want this.

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Sessions:

- When booking sessions, you agree to the Booking Policy: "By booking this session, I agree to attend the session at the agreed date and time. If I need to reschedule, I'll give more than 24 hours' notice. If I cancel/reschedule the session within 24 hours, or if I do not attend the session, I understand the session will be forfeited."
- This isn't an arbitrary rule. Cheryl carves out time before, during *and* after the session. This time is saved solely for you. Cancelling within 24 hours impacts Cheryl's time, and also means we can't book another client during that slot. This is why no-shows or cancellations within 24 hours result in a forfeited session.
- Exceptions include genuine emergencies. This is at our sole discretion.
- No-shows and cancellations are very, very rare. We place this footnote here to maintain this.

Results:

- Cheryl's clients experience incredible results when they are devoted to the inner work, when they are proactive about asking for support, and when they take massive responsibility for their life and their own results.
- The people who don't flourish in this program are the ones who want to be saved, fixed or rescued, who don't ask for help, or who struggle to feel their emotions and feel more committed to talking about the past than taking the practical actions to move forward.
- The video testimonials on Cheryl's website and YouTube channel are from real, genuine clients. (watch them [here](#) and [here](#)) These clients received life-changing results from coaching with Cheryl.
- However, we cannot give you a cast-iron guarantee of your results or say with absolutely certainty what will change for you because there are too many variables beyond our control.
- We will deliver the program as agreed. Respectfully, your results are your responsibility.

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Mental Health Declaration:

By enrolling in the program, you agree that you are mentally fit and well with no pre-existing active mental health conditions that would prevent you from participating in the program. By enrolling you also agree that you have no active traumas. You've received therapy & counselling from a qualified professional and any past traumas have been handled.

Termination:

- Because The Intensive is a 14-day program, termination is not appropriate.
- In other words, once the program has started and you have received your first session, the 14-days will roll out until completion.
- Once paid for, the program is non-refundable. Refunds have never been requested – clients who enrol in The Intensive are keen to start soon and we work quickly and efficiently.
- If you have paid for The Intensive and booked in your first session in advance (for example one or two months after the date of payment), and you need to change the start date – you can. Simply reschedule your first session, and this automatically resets the timeline and alters your program start date. For example, let's say you had your first session booked for September 1, 2021 and you change it to October 1, 2021 – your start date is now October 1, 2021.
- Most clients start The Intensive quickly – they pay for the program and book in their sessions within a matter of weeks. However, if you're booking in advance we ask that you book and use The Intensive within six months of paying for the program.

Cheryl Muir, Relationship Expert

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